

2012 SGS Winter Field Hockey Clinic Features

We are pleased to bring you the SGS Winter Field Hockey Clinic. The goal of the clinic is to teach fundamental field hockey skills in a positive learning environment. Drills are specifically designed to provide players with more touches on the ball, repetitions, and small group coaching for quick improvement. Players will be divided by age group/skill levels and go through a series of circuit training.

We will strive to give each player the confidence and inspiration to continue participating. Our hope is to spread the passion for the sport to the next generation of field hockey players.

Clinic Information

Time: 5:00-6:30pm

Date: January 18, 25, February 1, 8, 15, 22

Where: The Fieldhouse at Sparta (on artificial turf)

Who: Current 2nd-12th graders

Cost: \$125